



**Newbury Street Practice
Patient Participation
Group**



**Church Street Practice
Patient Participation
Group**

JOINT NEWSLETTER Number 4 – April/May 2023



Dear All,

Those of you who have visited the Health Centre recently will be aware of how much progress has been made and confirms what we've been saying, it really will be worth it in the end. Please see below for an update for the next phase.

We do hope you have saved the date for the **Wellbeing Event at the Beacon on Saturday 22nd April from 12 - 4pm**. The event is organised by the joint Church Street and Newbury Street Patient Participation Groups (PPGs) with the focus on helping us enjoy a healthier and more fulfilled lifestyle. There will be informative talks and demonstrations from local groups and health care professionals as well as stands from various organisations offering advice and opportunities to get involved.

In the meantime, we'd love to hear from you with your thoughts and suggestions on how we can make the newsletters relevant to you by emailing us on NSPG@Wantage.com / churchstreetppg@gmail.com. Alternatively, come and talk to us at the Wellbeing event - we do hope to see you there! Your feedback may even win you a fruit basket!
With our best wishes

Sandie Helm
Secretary, Newbury Street PPG

Annie Dee
Editor, Church Street PPG

EXCITING UPDATE - THE NEXT PHASE!

As from Monday 20th March the new clinical rooms will be in use and the building works move to the next phase. This means a few changes to the access to the Health Centre.

- Church Street Practice and Newbury Street Practice will have new temporary receptions, waiting rooms located in the new wings - both have their own entrances which will be sign posted.
- The one-way system for all traffic will remain in place so vehicles should turn left when driving into the health centre. Due to the new separate temporary entrances for each Practice we would suggest that Newbury St patients park on the left of the building and Church St patients continue around and park on the right side of the building.
- Disabled parking is available at the front of the building with dropped kerbs and ramps available. Any patients with additional mobility needs that require extra assistance with accessing the building please do let the patient advisers know and we may be able to arrange alternative access to the practices for you.



Lloyds pharmacy will continue to operate in the main foyer, to access please use the existing entrance into the health centre. **Please be aware there is no access to either Practice directly from Lloyds or the foyer.**

We hope you can see what an improvement has been made already, everyone involved has worked extremely hard and we look forward to moving onto the next phase of the build. Thank you for your continued support.



NEWBURY STREET CQC UPDATE

Over the last 4 months, all the Team at Newbury Street Practice have been working hard to address the issues raised by the CQC inspection last Autumn. We have really appreciated the support and good wishes of our Patients - thank you! We are very committed to continuing to improve all areas of the practice to demonstrate we meet the requirements to be rated once again as a "good practice".

We are delighted to welcome new colleagues to the NSP team - Kate Powell (Practice Nurse), Dr Charlie Postlethwaite (GP Registrar), Carol Davies (Medical Secretary), Locum GPs (Dr Renata Neciuniate, Dr Andy Partner, Dr Obafemi Akinjobi, Dr Marie Brimfield, Dr Arpit Srivistava and our new Practice Manager - Robin Somers. We are also excited to be now using the new spacious rooms in our extension - the Gables Wing - and look forward to further building developments being completed later in the year.

Dr Carrie Ladd FRCGP |GP Partner Newbury Street Practice

DR ARTHUR'S RETIREMENT



Thanks to your generous contributions, Church Street PPG presented Dr Arthur a bouquet, £340 gift voucher, bottle of bubbly and a personalised retirement book with your cards and messages at an emotional farewell.

We have been asked to pass on Dr Arthur's grateful thanks.



Healthwatch is the county's independent health and social care watchdog who are here to listen to your opinions and experiences to inform and influence those who run your health and social care services. We can also provide help and advice if you have a question about local health services – please get in touch!

Please note we are unable to give clinical advice, but we can help you find reliable and trustworthy information and support.

If you have feedback to share or a question to ask please get in touch by:
Calling us on 01865 520520 – our phone lines are open from 9.30am to 4pm Monday to Friday or you can leave a message at other times Emailing us at hello@healthwatchoxfordshire.co.uk

SPRING COVID BOOSTERS

The Spring Covid Booster round will be starting on 22nd April from 08:30-13:00 hrs. Patients from both Practices who are eligible for the vaccine and who have a mobile telephone will be invited by text message and will be able to book their appointment by following the link in the text message. Those who do not have a mobile will be contacted by phone to book their appointment. Please wait for the Surgery to contact you.

NHS APP - DID YOU KNOW your NHS account allows you to access your services through the NHS App or website? Here are some examples of what you can do with full access to your NHS account.

- **order repeat prescriptions** – see your available medicines, request a new repeat prescription and choose a pharmacy for your prescriptions to be sent to
- **view your health record** – securely access your GP health record, to see information like your allergies and your current and past medicines. If your GP has given you access to your detailed medical record, you can also see information like test results and details of your consultations
- **get your NHS COVID Pass** – view and download your COVID Pass for travel abroad.
- **register your organ donation decision** – choose to donate some or all of your organs and check your registered decision
- **find out how the NHS uses your data** – choose if data from your health records is shared for research and planning
- **view your NHS number.**

If you would like to know more about the NHS App <https://www.nhs.uk/nhs-app> or ask one of the PPG Committee for help at the Wellbeing Event.

And Finally....

New science is revealing that some chocolate is actually GOOD for you – for your blood sugar, heart, and brain. Evidence suggests that a small amount of dark chocolate every day could improve your cognition, memory and cardio-metabolic health.... so enjoy those Easter Eggs (within moderation!)

